

REGISTER NOW

JULY 23-26, 2009 · SAN FRANCISCO

UCSF  
University of California  
San Francisco

ISPNE INTERNATIONAL SOCIETY OF  
PSYCHONEUROENDOCRINOLOGY

40<sup>TH</sup>  
ANNUAL  
ISPNE  
CONFERENCE

**Modern Psychoneuroendocrinology:**  
Interactions with Genes, Health, and Longevity

## About ISPNE

Psychoneuroendocrinology is the major discipline that explores stress etiology and its relationship to psychiatric stress. This approach not only leads to innovative treatment strategies, but targets new research methodologies. ISPNE is the only international scientific organization comprised of scientists and clinicians that studies the relationships between brain, endocrine systems and health. The Society strives to promote and disseminate knowledge of the complex interactions of hormone/brain/body processes through its academic programs, its journal and its scientific conferences.



*This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of California, San Francisco School of Medicine (UCSF) and ISPNE. UCSF is accredited by the ACCME to provide continuing medical education for physicians.*

### **Designation Statement**

*UCSF designates this educational activity for a maximum of 20.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.*

*This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. Psychologists are responsible for reporting their own attendance to the California Board of Psychology.*

# Modern Psychoneuroendocrinology: Interactions with Genes, Health, and Longevity

This program provides an opportunity to learn the latest scientific developments relevant to genetic and developmental/environmental contributions to hormonal physiology and mental and physical health. At this conference, we will discuss and debate key topics such as:

- The interaction between genes, prenatal, early postnatal and adult experience and health behavior
- Factors that promote vulnerability to depression, early disease and detrimental effects of stress
- Factors that promote stress resilience, and longevity
- Methods of predicting and optimizing physiological balance to reduce vulnerability and increase resiliency

Join us for four days of symposia, free communications and engaging plenary lectures. Showcase your work and expertise by presenting a paper or symposium. **Submit an abstract online by May 15th.**

The ISPNE is an organization founded to provide a forum for discussion and debate about the impact of stress and hormones on behavior, brain, disease and health. Recent advances in genetics, molecular biology, brain imaging, behavioral medicine and mind-body connections, have greatly expanded our professional network.

At the 40th Annual ISPNE Conference, you can meet other professionals at the leading edge of research and therapeutics and be a driving force in the future of psychoneuroendocrinology. **Register by June 15th at [www.ispne.org](http://www.ispne.org)** and get the early bird discount!

See you in San Francisco!

Thomas Neylan, MD  
*Chair, 40th Annual ISPNE Conference*

*Associate Professor, University of California San Francisco*

*Director, Posttraumatic Stress Disorders Program,  
Veterans Administration Medical Center, San Francisco*

# FACULTY



**Steve Cole, PhD**  
University of California Los Angeles  
Assistant Professor, Hematology-Oncology



**Cynthia Kenyon, PhD**  
University of California San Francisco  
Director, Hillblom Center for the Biology of Aging



**Andrew Miller, MD**  
Emory University  
Professor, Psychiatry and Behavioral Sciences  
Director, Laboratory of Neuroendocrine-Immune Interactions



**Alan Schatzberg, MD**  
Stanford University  
Kenneth T. Norris, Jr., Professor of Psychiatry  
& Behavior Sciences  
Chairman, Department of Psychiatry



**Jonathan Seckl, PhD**  
Centre for Cardiovascular Science  
Queen's Medical Research Institute  
Professor of Molecular Medicine,  
Endocrinology Unit



**Fred Turek, PhD**  
Northwestern University  
Charles & Emma Morrison Professor  
Dir., Ctr. for Circadian Biology & Medicine  
Faculty, Dept. of Psychiatry & Neurology,  
Feinberg School of Medicine



**Rachel Yehuda, PhD**  
Bronx VA  
Director, Traumatic Stress Studies Division

## Conference Fees

REGISTRATION FEES (USD):	Until June 15, 2009	After June 15, 2009
Member - ISPNE	\$450	\$550
Non-Member - ISPNE	\$600	\$650
<i>The conference fee includes access to all scientific sessions, the welcome reception on Thursday evening, am and pm breaks as well as continental breakfast on Friday, Saturday and Sunday.</i>		
Day Registration*	\$225	\$265
<i>*Day registrants are entitled to attend the plenary sessions, symposia, continental breakfast and coffee for the selected day. Special events are not included.</i>		
Student - ISPNE Member**	\$275	\$325
Student - Non-Member**	\$315	\$375
<i>**Students can register at a reduced rate up to 3 years after receiving their PhD or MD. Please note that there are a limited number of "Student" spaces available and these will be allocated on a first come, first served basis. In order to qualify for the "Student" fee you must submit a letter from your department head, supervisor or organization confirming your status to the conference organizer at meetings@ispne.org.</i>		

## Venue and Accommodations

Experience gracious hospitality on a grand scale at the iconic **Palace Hotel**. One of San Francisco's most treasured landmarks, the hotel was built in 1875 to celebrate the West Coast boom. The Palace Hotel is located in the heart of the city, just steps away from *Union Square, Chinatown, the Financial District and the Moscone Convention Center*. The perfect location to take advantage of all that this beautiful city has to offer.

**HOTEL RATES** A limited number of rooms are available at \$239.00+ tax per night, so please reserve in advance. To secure the discounted rate, you must reserve your room by June 23, 2009.

[www.ispne.org](http://www.ispne.org)

Annual ISPNE Conference  
July 23-26, 2009

- ▶ Register
- ▶ Submit an Abstract
- ▶ Reserve Your Hotel Room

*The Palace Hotel*  
2 New Montgomery Street  
San Francisco, CA, USA  
[www.sfpalace.com](http://www.sfpalace.com)  
888-627-7196





## Modern Psychoneuroendocrinology:

# Interactions with Genes, Health, and Longevity

*The topics to be discussed at this program are relevant to...*

- ▶ Psychiatrists
- ▶ Endocrinologists
- ▶ Neurologists
- ▶ Psychologists
- ▶ Medical or Doctoral students
- ▶ Researchers in the field of psychoneuroendocrinology

*At the conclusion of the program, participants will be able to:*

- ▶ Discuss how early developmental events can have persistent effects on tissue structure and function, particularly hormone physiology.
- ▶ Distinguish between genetic and epigenetic effects on biological responses to environmental events.
- ▶ Identify factors that promote stress resilience, neuroendocrine balance, and longevity.

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University of California  
San Francisco

R. Wyse, Asst. – to Secretary General ISPNE  
Stanford Univ., Dept. of Psychiatry  
401 Quarry Road, Third Floor  
Stanford, CA USA 94305-5717

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