

A few highlights:

STRESS, HEALTH & LONGEVITY:

What psychological and biological factors promote longevity? Elizabeth Blackburn, PhD, the discoverer of telomerase, will chair a symposium on stress, well being and cell aging, and Cynthia Kenyon, PhD, will deliver a keynote on longevity, from mammals to humans. David Spiegel, MD, will chair a session on how hormones, well being and lifestyle are related to cancer outcomes, including a presentation by

Dean Ornish, MD.

EARLY LIFE EVENTS and INTERGENERATIONAL TRANSMISSION OF HEALTH

What is the role of maternal well being and epigenetics on the health of offspring? Starting with keynotes by Jonathon Seckl, PhD and Rachel Yehuda, PhD on basic and clinical perspectives on transmission, three symposia further build on this theme: One on early life experiences and effects on offspring (Chaired by Marie-Paule Austin), a second on early life adversity effects on the brain (Chaired by Christine Heim, MD) and lastly one on risk and resilience, integrating animal and human studies (Chaired by David Lyons, PhD).

WHO REALLY UNDERSTANDS THE HPA AXIS UNDER CHRONIC STRESS?

Does anyone have puzzling cortisol data stowed away in a file drawer? We will have a panel on how to measure chronic stress in the body, focusing on the HPA axis. While we will have four experts lead the discussion, including Mary Dallman, PhD, the room will be filled with experts - including yourself - who we will call upon to contribute to this lively discussion. You will come away with a greater understanding of the complexity and measurement issues. We will also have a GREAT DEBATE (Andrew Miller, MD, Alan Schatzberg, MD) on whether peripheral profiles of hyper and hypocortisolemia are reflective of brain hormonal milieu. Don't miss this dialogue.

Lastly, come let loose from your travel and grant writing -- Enjoy drinks and dancing Saturday Night at an exclusive San Francisco club.

As you know from the ISPNE email yesterday, we need people to register ASAP. It has been a tough financial year for most societies' annual meetings this year, including ISPNEs.

WE HOPE TO SEE YOU BY THE BAY!

Sincerely,

Thomas Neylan, MD, Chair, Local Organizing Committee

Elissa Epel, PhD, Co-Chair, Local Organizing Committee

UCSF